









AVAILABLE DAILY

PizzaBoli Monday 4		Pizza Quesadilla	
Tuesday 5	All-Beef Hot Dog on a Bun	Cheeseburger on a Kaiser Roll	
Wednesday 6	Cheese Ravioli w/ Marinara Sauce & a Split Top Dinner Roll	Grilled Chicken Fillet on a Kaiser Roll	
Thursday 7	Chicken Teriyaki w/ Vegetable Fried Rice & a Fortune Cookie or Bean, Vegetable & Rice Bowl	Cheese Lasagna Roll-Up w/ Marinara Sauce & a Split Top Dinner Roll	
Pizzeria Pizza Friday 8		Chicken Tenders w/ Fries & Dinner Roll	

Made-to-Order Deli Bar & Paninis Assorted Grab & Go Sandwiches

Assorted Specialty Pizzas

PIZZa

AMERICAN GRILLE

All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on Bun Grilled Cheese Sandwich

Hummus Bento Box Pasta w/ Meatballs & Marinara Sauce



Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll

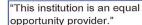
Weekly Alternates: Chicken Salad Bento Box w/ Grapes, Pita Triangles & Heartzels Pretzels

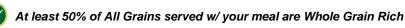
Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Fruits & vegetables from The Farm Stand are included w/ lunch. A complete meal includes: Entrée w/ Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance w/ the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



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Available Daily

Monda 11	COLUMBUS DAY School Closed No Lunch	COLUMBUS DAY School Closed No Lunch	Deli Central	Made-to-Order Deli Bar & Panini Assorted Grab & Go Sandwiches	
Tuesda 12	Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops or Sweet Potato & Black Bean Nachos	Pizza Boli		Assorted Specialty Pizzas	PIZZA
Wedneso 13	ay Cinnamon-Glazed French Toast Sticks	Beacon Street Cheese Stuffed Sticks w/ Marinara Sauce	American Grille	All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on Bun Grilled Cheese Sandwich	
Thursd 14	Breaded Chicken on a Bun or Black Bean Burger on a Bun	Mini Waffles w/ Turkey Sausage Patties		Hummus Bento Box Pasta w/ Meatballs & Marinara Sauce	Daily Dish
Friday 15	Pizzeria Pizza	Cheese Lasagna Roll-Up w/ Marinara Sauce & a Split Top Dinner Roll	FRESH FARMSTAND	Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll	
10	Alle automorphisms	ergy Aware menus are available for s	tudents w/ food allergie	Weekly Alternates: Build-a-Pizza Bento Box es. For more information, contact your	

Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

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Monday 18	Boneless Chicken Wings w/ a Split Top Dinner Roll	Cheese Stuffed Sticks w/ Marinara Sauce	
Tuesday 19	Pasta w/ Meatballs or Pasta w/ Marinara Sauce & Cheese Sticks	Cheesesteak Hero	
Wednesday 20	Macaroni & Cheese w/ a Split Top Dinner Roll	General Tso's Chicken w/ Brown Rice & a Fortune Cookie	
Thursday 21 Sweet & Sour Chicken w/ Vegetable Fried Rice or Bean, Vegetable & Rice Bowl		Chicken Tenders w/ Fries & Dinner Roll	
Pizzeria Pizza Friday 22		Pizza Quesadilla	
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Made-to-Order Deli Bar & Panini Assorted Grab & Go Sandwiches

Assorted Specialty Pizzas

AMERICAN GRILLE

All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on Bun Grilled Cheese Sandwich

Hummus Bento Box Pasta w/ Meatballs & Marinara Sauce



Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll

Weekly Alternates: Breakfast Bento Box w/ Yogurt, Cheese Stick, Granola & Mini Muffin

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AVAILABLE DAILY

Monday 25 All-White Meat Chicken Tenders w/ a Split Top Dinner Roll & Corn & Edamame Salad		Grilled Cheese Sandwich	
Tuesday 26	100% Beef Burger on a Bun or Cheeseburger on a Bun or Black Bean Burger on a Bun	Chicken Tenders w/ Fries & Dinner Roll	
Wednesday 27	CELEBRATE HALLOWEEN! Mummy Hot Dog w/ Ghostly Mashed Potatoes or Boo Burger w/ Monster Cheese Halloween Pretzel	Hamburger or Cheeseburger on a Bun	
Thursday 28	Single Session Day No Lunch Served	Single Session Day No Lunch Served	
Friday 29	Pizzeria Pizza	Baked Macaroni & Cheese w/ a Split Top Dinner Roll	

Made-to-Order Deli Bar & Panini Assorted Grab & Go Sandwiches

Assorted Specialty Pizzas

AMERICAN GRILLE

All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger on Bun Grilled Cheese Sandwich

Hummus Bento Box Pasta w/ Meatballs & Marinara Sauce



Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll

Weekly Alternates: Fruit & Cheese Bento Box w/ a Mini Croissant

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